

PSHE Policy

Introduction

Tonge Moor Primary Academy understands that incorporating PSHE into the curriculum allows for the teaching of the whole child, promoting their physical and mental well-being. Using the 'Live well, Learn well' Document we endeavour to fulfil our responsibilities to:

- promote the physical, social and emotional well-being of pupils;
- provide sex and relationships education;
- promote community cohesion;
- achieve the aims of the whole curriculum.

See the SRE (Sex and Relationship Education) policy for further details on how this will be delivered.

Aims

PSHE education at Tonge Moor Academy aims:

- to give pupils the knowledge and develop the self-esteem, confidence and self-awareness to make informed choices and decisions;
- to encourage and support the development of social skills and social awareness;
- to enable pupils to make sense of their own personal and social experiences;
- to promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- to enable effective interpersonal relationships and develop a caring attitude towards others;
- to encourage a caring attitude towards and responsibility for the environment;
- to help our pupils understand and manage their feelings;
- to understand how society works and the rights and responsibilities involved.

PSHE in the Early Years

PSHE will be taught through circle times and discussions in the Early Years foundation stage and Reception. Following the 'Live Well, Learn Well' document children will learn how to:

- Keep healthy
- Be a good citizen
- Understand differences
- Keep safe
- Be emotionally healthy
- Understand their own body

PSHE in KS1 and KS2

PSHE will be taught in 1 hour discreet sessions per week. These will consist of discussions and activities that the teachers will endeavour to link to their Learning Links topics. Following the 'Live Well, Learn Well' document children will learn how to:

- Keep healthy
- Be a good citizen
- Understand differences
- Keep safe
- Be emotionally healthy
- Understand their own body
- Understand sex and relationships (in its basic form)
- Understand risk taking and possible consequences.

Implementation

PSHE will be delivered by the class teacher with the support of the PSHE leader as necessary. Visiting professionals may provide talks/workshops to pupils. PSHE values may also be introduced in and explored within both whole school and Key Stage assemblies.

In addition to this, PSHE is delivered through a range of whole school activities. Pupils are given opportunities to join in and contribute to local and national initiatives e.g. anti-bullying week, community cohesion projects and fund-raising activities. Pupils will be part of school assemblies. Pupils are offered a wide range of opportunities to enhance their learning and engage with the concepts and content of the subject through learning in other subjects and areas of the curriculum and out-of-school activities.

Sensitive areas

We are aware at Tonge Moor Primary Academy that certain aspects of the PSHE curriculum can deal with sensitive and delicate issues. Here at St Bede's we will strive to ensure that these areas are of course age appropriate, and also incorporates the physical and emotional maturity of the children. If a teacher feels that it is unnecessary to teach that particular part of curriculum, then teacher judgement will rank above the opportunity to teach issue to their class.